សហព័ន្ធនិយោជក និងសមាគមពាណិជ្ជកម្មកម្ពុជា
CAMBODIAN FEDERATION OF EMPLOYERS AND BUSINESS ASSOCIATIONS

Practical First Aid Training at the Workplace

25-26 January 2019 | 8:00am to 5:00pm | Venue: Hotel / Restaurant

Dead line : 22 January 2019

COURSE OBJECTIVE

At the end of the course, all participants will be able to:

- Protect themselves and others from any accidents
- Mainstream their knowledge and skills to other people at their workplace
- Help themselves, their families and other victims if any accidents happen around them.
- Improve their living condition with safety knowledge and know-how on basic first aid.
- Use First Aid tools/materials in communities effectively

ABOUT TRAINER

CAMFEBA's Associate Trainer

First Trainer

Currently, he is a First Aid Trainer who has been experienced for many years in First Aid Training since 2007, under the coordination of CAMFEBA, he has conducted first aid training course with many NGOs, factories and private companies. Besides his professional qualification as the first aid trainer, he is also working as an Emergency Nurse at Pres Ket Tok Mealea, Phnom Penh for more than 10 years.

To improve his professional knowledge and know-how, he has successfully and satisfactorily completed the First Aid Refresher Training of Trainers (TOT), Advanced TOT and Basic First Aid Training courses. He is sufficiently qualified to be an effective First Aid Trainer, who is able to confidently equip the participants with Basic First Aid. He delivers courses which are tailored specifically to the needs of different business, whether these are specific workplace hazards and risks, or outdoors activities, and on the top of this, he has first-hand experience of the challenges faced in administering and managing first aid in difficult settings.

Second Trainer

Since 2008, he has extensive experience of training delivery in the workplace environment, across a wide range of sectors, working as First Aid Trainer and providing many Basic First Aid and Commercial First Aid for RC volunteers, youths many NGOs and private sectors. As a qualified First Aid Trainer, he brings his extensive knowledge and experience into the training, helping prepare trainees to respond to real world situations with confidence.

Last but not least, from 2006 to 2008, he also worked as Secure in Ambulance for Pres Ket Tok Mealea Hospital.Community Based First Aid and Commercial First Aid Project.

COURSE CONTENT

- Role and responsibility of First Aid help
- Principle of First Aid
- Choking or Breathless
- Drowning
- Bites of a Dog, a Snake, an Insect
- Poisoning
- Bleeding
- Wounds and bandages
- Burns
- Broken bones/ Fractures and bandages
- Unconsciousness
- Respiratory emergencies
- Cardiac emergencies/ CPR (Cardio Pulmonary Resuscitation)
- Referral to Hospital

TARGET PARTICIPANTS

This course is specially tailored for all participants who desires to be well-prepared to have the knowledge/ practical knowledge and to be a first-aider in an effective way. The course would benefit the participants who are interested in strengthening and developing their first-aid knowledge, both theory and practical knowledge. The following topics have been discussed, demonstrated and practiced throughout the training courses.

TRAINING FEE

- Member: **USD 120 Nett/person**
- Non Member: **USD 150 Nett/person**

(Fee is inclusive of Lunch and learning materials.

Certificate of completion provided)

Note: Fee excludes any taxes.

REGISTRATION

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